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PREPARING FOR YOUR PROCEDURE, RADIOFREQUENCY ABLATION (RFA)

Your RF ablation procedure is scheduled for _____

Please arrive 45 minutes prior to your appointment time to complete any paperwork and to get you ready for the procedure. A friend or family member must come with you to drive you home after the procedure if you choose to take the oral sedative. If you choose not to take the oral sedative, you can drive yourself home from the procedure.

You may eat a normal meal prior to your procedure. Wear loose fitting shorts, or very loose fitting pants that you can pull on over the compression stockings that will be placed on after the procedure.

Take a shower and wash your leg with antibacterial soap (Dial or other brand) on the morning of your procedure. Please do not apply lotions to your leg before your procedure. It may be necessary to shave some hair in your groin area to facilitate the ultrasound probe, prior to the procedure.

Please fill your prescriptions for the Diazepam (Valium) prior to coming in for your procedure. You will be instructed to take the Valium after you arrive at our office.

Please review the *Patient Informed Consent* form and bring it with you on the day of your procedure. We will review it again and ask you to sign it just before the procedure.

You will need to purchase over the counter knee high compression stockings prior to your procedure. You **MUST** have your stockings with you on the day of the procedure. If you fail to bring them, we may have to reschedule your appointment.

If you have any other questions or concerns prior to your appointment, please do not hesitate to call our office.

Patient Name:

Patient Signature:

Date:

Assistant:
